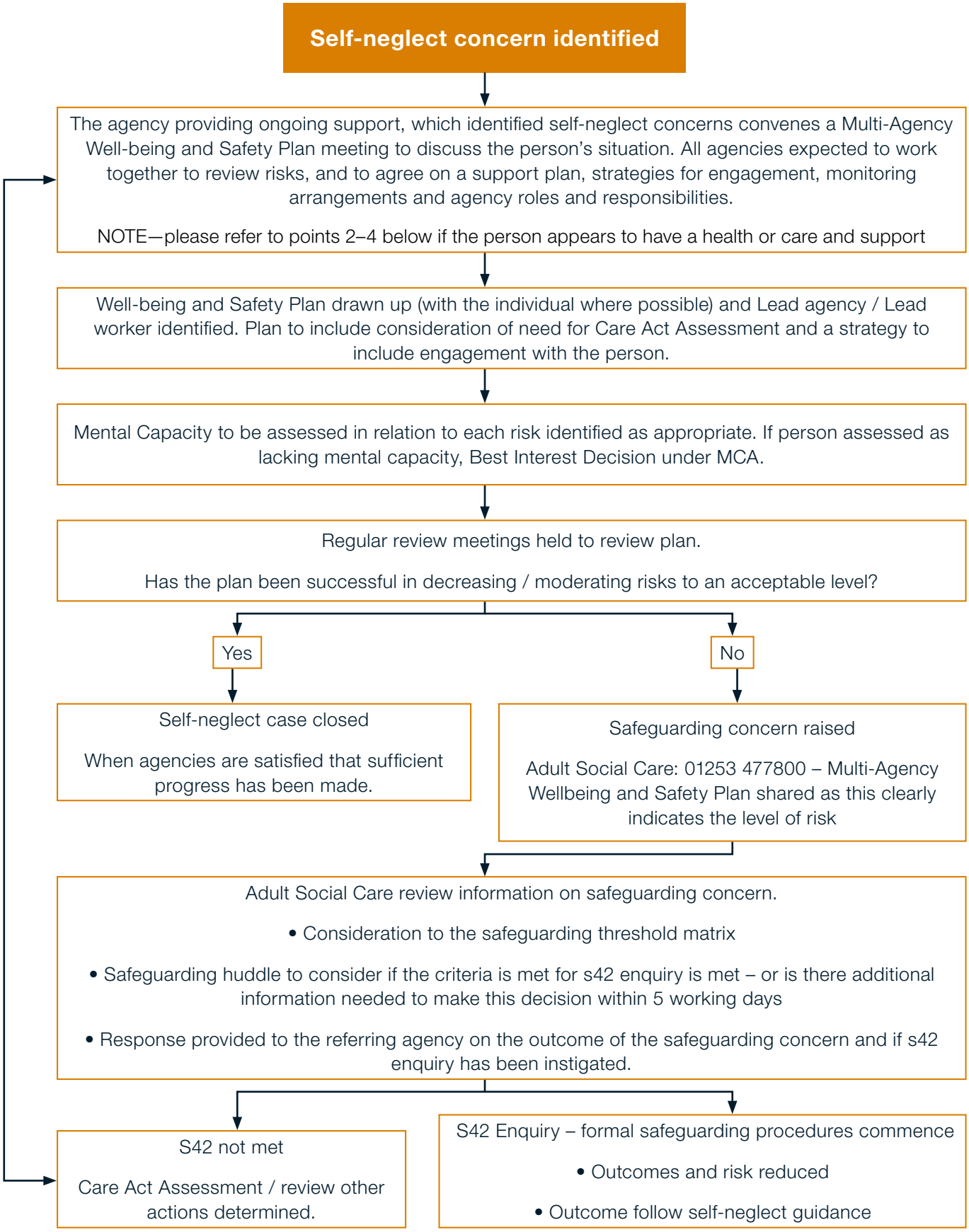Appendix 1: Flow Chart Summary of Process